

Best Practice - 1

Feed the youth, Breed the Strength (Mid-day Meal)

The institution is providing free and subsidized Mid-day Meal to the needy students of the college.

Objectives of Mid-day Meal Scheme :

- To overcome the issues of attendance shortage, health and malnutrition.
- To promote solidarity and harmony among the students.
- To encourage and promote education of the girl students.
- To reduce the financial burden of the parents of the concerned students.

The Context:

Many of our students belong to the families of small farmers, agricultural labours, beedi and coolie workers. Most of them come from the remote villages of Belthangady and Bantwal taluks. The income level of the parents is very low. Many of our students are not taking the meal at noon due to so many reasons like starting early from home and lack of affordability. They were falling sick due to malnutrition. To address these issues, we have started the Mid-day Meal Programme with the help of PTA and other donors.

The Practice

Mid-day meal committee of the college, with the help of academic advisors and mentors select the beneficiaries on the following criteria.

- Financial condition.
- Academic performance.
- Regularity to the classes.
- Overall discipline.

The selected students will be issued tokens and they will be served food in a separate spacious space in the canteen.

Uniqueness: There are more than 215 colleges under Mangalore University. In that only few colleges are providing mid-day meal facility. Our college, even though situated in a rural area is one among those few colleges providing mid-day meal.

Constraints/Limitations: Providing food at a reasonable rate is a tough proposition when there is a general rise in the price level of all the essential commodities like cereals, vegetables, milk, cooking gas, spices etc. The

holidays for the students pose another serious limitation to the economic viability of the canteen management.

Evidence of Success: The scheme is well appreciated by the parents of the students which according to them is a great " Boon". The success of the program is evidenced by the following facts.

- Percentage of attendance is increased.
- The number of students falling sick has decreased.
- The physical fitness of the students has improved.
- Even though four government first grade colleges are situated nearer to our college and are providing almost free education, we are consistently getting good admissions.

Problems encountered: The problems encountered in the process are the following

- Identifying the beneficiaries and motivating them to make use of the facility was the greatest problem in the beginning. Many of them were shying away because of their self-respect and inferiority complex.
- Now it is difficult to limit the number of beneficiaries. Since the mid-day meal is served in the college canteen, female students are finding it very convenient to take the meal. More than that there is a great pleasure and happiness in 'Sahabhajana' (Dining together)
- The cost of mid-day meal is increasing because of the general rise in the price level of essential commodities.



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7.2.1 Best Practice-1 MID-DAY MEAL SCHEME

Supporting Documents

Sl. No		Link
1	Authentication by HOI	Click Here
2	Annual Report 2017-18	Click Here
3	Annual Report 2018-19	Click Here
4	Annual Report 2019-20	Click Here
5	Annual Report 2020-21	Click Here
6	Annual Report 2021-22	Click Here
7	Sample Bills	Click Here




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Best Practice 2

Endowment scholarships and financial support to the students:

Objectives of the Practice:

- To encourage the rural youths to pursue higher education.
- To reduce the financial burden of the poor parents.
- To enhance efficiency of the students.
- To further improve the academic results of the college.

The Context:

Majority of our students belong to the families of small farmers, agricultural labourers and Beedi rollers. Their income level is very low. Some of them even find it difficult to earn their daily bread. The parents of the students find it difficult to bear the college fee though it is very low. So to promote higher education among the rural youths, providing some sort of financial support was the need of the hour. In this context the institution started tapping various resources to provide scholarships to the students.

The Practice: The management of our institution has appointed a separate administrative staff to exclusively look after the various scholarships of the students. The responsibilities of the employee are;

- Displaying the list of available scholarships
- Notifying the date and modalities of applying.
- Receiving the applications and sending them to the concerned agencies.
- Now for most of the scholarship, applications have to be registered through online and the scholarship amount will be credited to the student's bank account. Only the verification of the documents is done by the institution.
- For certain scholarships the fund will be credited to the college account. Thus, received funds have to be distributed to the students.
- Maintaining scholarship register.

The beneficiaries are selected by a committee which in turn selects the beneficiaries on the basis of various criteria. Besides Endowment scholarships there are plenty of other government scholarships.

Management Support: Besides these scholarships the management of our institution gives fee concessions to certain deserving students. Felicitations and cash incentives are given to those students who excel in curricular, Co-curricular and extracurricular activities.

Evidence of Success:

Our institution is getting ranks at the University level. Our students are regularly getting selected to the Mangalore University sports and games to represent the university at the all-India intervarsity competitions. In co-curricular and extra-curricular activities our students are doing very well. The dropout rate of students due to financial constrains is brought to zero. Thanks to the Management and other philanthropists for the support.

Problem Encountered: Following are the major problems confronted

- We need to arrange a substantial amount of money from various sources as the number of students who really deserve the financial assistance is more.
- The process of tapping the government scholarships is bit strenuous as the students need to enclose so many documents. More than that the institution will not get the information regarding the actual amount of scholarships received by the students. Because the scholarship amount is remitted to the student's bank account directly.
- Selecting the beneficiaries to award endowment scholarships is always a sensitive matter. So a committee consisting of all the heads of the department under the chairmanship of the principal is constituted to select the deserving students.



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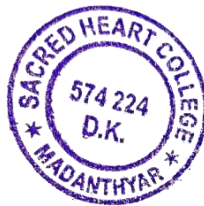
Website:www.sacredheartcollege.net

7.2.1 Best Practice-2

ENDOWMENT SCHOLARSHIPS AND FINANCIAL SUPPORT TO THE STUDENTS

Supporting Documents

Sl. No		Link	
1	Authentication by HOI	Click Here	
2	Endowment Scholarship	Click Here	
3	Financial Assistance to needy students	Click Here	
4	Financial Assistance to sports achievers	Click Here	
5	Financial Assistance to Rank holders	Click Here	
6	Scholarships from Government and Non-Governmental bodies	2017-18	Click Here
		2018-19	Click Here
		2019-20	Click Here
		2020-21	Click Here




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